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First Rule of Growth Mindset

Work hard, effort is the key:

"A dream doesn't become reality through magic; it takes sweat, determination and hard work." Colin Powell (American statesman and a retired four-star general)

Second Rule of Growth Mindset

Don't be afraid to make mistakes:

"Anyone who has never made a mistake has never tried anything new." Albert Einstein (Scientist)

Third Rule of Growth Mindset

If something is too easy then you are not learning anything, learn to love a challenge:

"Nintendo's philosophy is never to go the easy path; it's always to challenge ourselves and try to do something new." Shigeru Miyamoto (Game Developer – he created Mario, Zelda, wii sports and many other famous Nintendo games)

Fourth Rule of Growth Mindset

Never say "I can't do it" say "I can't do it **YET**":

"I may not be there yet, but I'm closer than I was yesterday."
Jose N Harris (Author)

Fifth Rule of Growth Mindset

Think of it as learning not work:

"The challenge of learning and trying to do something better than in the past, is irresistible."
Richard Branson (Entrepreneur)